

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### WEEK ONE

01/09  
22/09  
13/10  
03/11  
24/11  
15/12  
19/01  
09/02  
09/03

#### Option One

Plant Balls in Tomato  
Sauce with Rice



Beef Lasagne with  
Garlic Bread



Roast Chicken, Stuffing,  
Roast Potatoes and  
Gravy

**NEW** Chicken Biryani

Fishfingers with Chips &  
Tomato Sauce

#### Option Two

Autumn Vegetable  
Lasagne

Beetroot and Lentil  
Burger in a Bun with  
Potato Wedges



Vegetarian Wellington  
with Roast Potatoes and  
Gravy

**NEW** BBQ Sausage  
Pasta with Garlic  
Bread



Cheese and Bean Pasty  
with Chips and Tomato  
Sauce

#### Vegetables

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

Vegetables of the Day

#### Dessert

Cheese and Crackers

**NEW** Apple Crumb Cake  
with Custard

Fruit Medley

Jelly with Mandarins

Syrup Sponge with  
Custard

### WEEK TWO

08/09  
29/09  
20/10  
10/10  
01/12  
05/01  
26/01  
23/02  
16/03

#### Option One

Classic Cheese and  
Tomato Pizza  
with Wedges



Spaghetti  
Bolognaise



**CHICKEN  
SHACK**  
BBQ Chicken or Quorn  
with Seasoned  
Potatoes and  
Sweetcorn Salsa



Meatballs in Tomato  
Sauce with Rice



Breaded Fish or  
Fishfingers with Chips &  
Tomato Sauce

#### Option Two

Mild Mexican Chilli with  
Rice



Vegan Spaghetti  
Bolognaise



Vegetables of the Day

Creamy Chickpea and  
Coconut Curry with Rice



Cheese Whirl with Chips  
and Tomato Sauce

#### Vegetables

Vegetables of the Day

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#### Dessert

**NEW** Gingerbread  
Cookie



Chocolate and Beetroot  
Brownie with Chocolate  
Sauce

Fruit Salad



Sticky Toffee Apple  
Crumble with Custard



Vanilla Shortbread



### WEEK THREE

15/09  
06/10  
27/10  
17/11  
08/12  
12/01  
02/02  
02/03  
23/03

#### Option One

Macaroni  
Cheese



**NEW** Chicken Enchilada  
Bake with Paprika  
Wedges



Sausage with Roast  
Potatoes and Gravy

Mild Caribbean Chicken  
with Golden Rice



Fishfingers with Chips &  
Tomato Sauce

#### Option Two

**NEW** Chefs Special Lentil  
Curry with Rice



Tomato Pasta



Vegan Sausage and  
Roast Potatoes and  
Gravy

Caribbean Stew with  
Golden Rice



Red Pepper Frittata with  
Chips & Tomato Sauce

#### Vegetables

Vegetables of the Day

Vegetables of the Day

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Vegetables of the Day

Vegetables of the Day

#### Dessert

Oaty Cookie



Pear Crumble with  
Custard



Fruit Salad



**NEW** Jamaican Ginger  
Cake with Custard

Cornflake Tart

### MENU KEY



Added Plant Protein



Wholemeal



Vegan



Chef's Special

#### ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of allergen cross contact.

**Available Daily:** - Freshly cooked jacket potatoes with a choice of fillings - Bread freshly baked on site daily- Daily salad selection - Fresh Fruit and Yoghurt