

Internet safety

By a previous student here

Congratulations on your new phone

**But with great power comes great responsibility
(that felt necessary)**

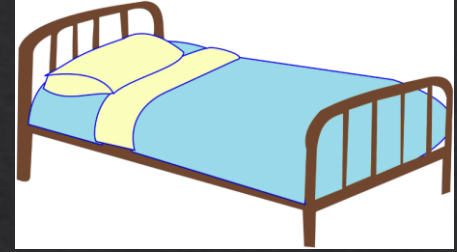
**The next few slides will be a few rules that you should
try to follow**

Try to log off 1 hour before bed

It is scientifically proven that your brain gets improved rest the earlier you get off technology , this may sound like your parents nagging you to get off your phone (I relate) but it really is for your health



Not in bedroom overnight



Do you really want your phone to be buzzing in your ear all night? I understand it sounds very exciting to stay up and talk to your friends all night but in the long run it will affect the way you feel in the morning, whether it hinder your work ethic or just make you generally tired. You're not living up to your full potential!!!

Police can access deleted texts



Whether it be asking someone for inappropriate photos or just calling someone 'stupid', once it is written, It will always be somewhere so think about what you say before it is said

Check for permission before passing on numbers

If you want to give your friend the phone number of another friend, always check it is okay with them for example..



Good example

“Hey Nathan, can I Give Becky your number?”

“Sure Ollie go ahead I don’t mind!”

Ollie gives Becky Nathan’s number

Bad example

“Hey Nathan can I Give Becky your number?”

“No sorry Ollie we don’t get along well”

Ollie gives Becky Nathan’s number even when Nathan said no, breaking Nathan’s trust



Age restrictions on apps

While it may be tempting to install a social media app, check that you are the right age, as faking age is fraud, and fraud is illegal.

Age restrictions are there for a good reason.



Tell a trusted adult if something is wrong

If something is wrong, I understand it may be embarrassing to talk to an adult, but they can help, I promise. You don't need to carry the weight of the world on your shoulders. You should be having fun!!!



If something feels wrong then it probably is wrong
TELL SOMEONE!

Stay safe and have fun!!!!!!